



# School Food Services

Missouri Department of  
Elementary and Secondary Education

## SUMMER 2006 TRAINING

*An opportunity for  
Food Service Personnel to  
pursue professional development*

Choose from these locations around the state:

- Kirksville • Kansas City (June 27) • St. Louis
- Jefferson City • Cape Girardeau • Farmington •
- Joplin • Springfield • Kansas City (August 8)

# Class Schedule

8:00 a.m.	Registration ( <i>Light refreshments will be offered.</i> )
8:30 a.m.	State Agency Welcome & Comments
9:00 a.m.	First Morning Concurrent Sessions
10:30 a.m.	Second Morning Concurrent Sessions
Noon	Lunch/Update of Child Nutrition Programs
1:00 p.m.	Afternoon Concurrent Sessions
2:30 p.m.	Evaluations & Certificates of Attendance

## Class Descriptions

### **Records Class**

The first session will be a discussion on free or reduced price meal benefits and the regulations concerning the approval of the applications, as well as the use of Direct Certification. The second session will be a discussion on approved meal counting and claiming methods. The third session will include discussion of the verification of applications for free or reduced price meal benefits, the verification time frame, and the summary report. These classes are for those approving and verifying Applications for Free or Reduced Price Meals as well as those responsible for ensuring that the meal counting system meets USDA regulations.

### **Grab a Bite of Wellness for Your Program!**

Everybody's talking about it — the Wellness Policy! You and the cafeteria are probably first in line to “do something.” This presentation will offer **tips** and **tools** to help you encourage students and staff to accept and enjoy healthy changes in the cafeteria.

### **HealthierUS School Challenge: Recognizing Nutrition Excellence in School**

The objective of this challenge is to recognize schools that take specific steps to improve their programs and address obesity. Only elementary schools are eligible at this time, and they must maintain an average daily participation of 70 percent or higher for reimbursable lunches. Material covered will include the basic requirements and criteria of the challenge. If your district would like to go for the silver or gold certification, attending this session is the place to start!

### **What's Nutrition Education Got to Do with It?**

Want to learn how nutrition education supports student health and what is served in school food service? Come prepared to learn about nutrition-education programs that help you to help your students. These programs help your school achieve recognition and meet standards for the nutrition-education component for the local Wellness Policy.

### **Fruits and Vegetables Galore**

Explore the importance of fruits and vegetables in the diet of children! This session will feature local chefs who will provide the audience with information on how to select, purchase, store, prepare and serve fruits and vegetables. Learn ways to entice children to increase their consumption of fruits and vegetables during the school day.

### **Be Smart, Eat Smart**

Explore the categories of Missouri's Eat Smart Guidelines and the five areas of guidance. Come to **Be Smart, Eat Smart** and learn more about the Eat Smart Guidelines and how to implement them in your schools! These guidelines could be your well-mapped route to fulfill the local Wellness Policy's requirement of addressing all foods available on campus.

### **Help with HACCP**

This class will be a series of three topics; you may attend one or all of the classes. The first session will cover the basics of HACCP — what it is, what to do with it and how to do it. The second session will be hands-on HACCP — what records to keep and how to keep them. The third session will discuss maintaining HACCP — how to write Standard Operating Procedures (SOP) for your facilities.

# Conference Locations

## KIRKSVILLE – June 22, 2006

Kirksville Middle School  
1515 S. Cottage Grove

From Highway 63 turn east onto E. Patterson St., continue three blocks to the stop sign and turn right onto Cottage Grove. Travel one block and turn left into the Kirksville Middle School driveway. Park on the north side or around the back of the building.

## KANSAS CITY – June 27, 2006

Winnetonka High School  
5815 NE 48th Street

**From I-435 South:** Exit at Parvin Road. Proceed on the outer road, turn left onto 48th Street. School is approximately 3/4 mile on left. **From I-435 North:** Exit at NE 48th Street, turn right. School is approximately 3/4 mile on left. **From I-35 South:** Exit on North Brighton, turn right. Go one block to 48th Street. Turn left and go approximately 1/2 mile. School is on the right. **From I-29 North:** Take I-29 South to I-35 North. Exit at North Brighton, turn right. Go one block to 48th Street. Turn left and go approximately 1/2 mile. School is on the right.

## JEFFERSON CITY – July 11, 2006

Jefferson City School District  
Lewis and Clark Middle School  
325 Lewis and Clark Drive

Take Highway 50/63 to the Eastland Drive exit. Go north (from the east a right turn, from the west a left turn). Continue on Eastland Drive to Lewis and Clark Drive. Turn left onto Lewis and Clark Drive. Pass the first parking lot on the right. Go around the school to the parking lot in front of the school.

## ST. LOUIS (Wildwood) – July 13, 2006

Rockwood R-VI School District  
Wildwood Middle School  
17401 Manchester Road

From I-44 take Route 109 North to Manchester Road, turn left. Continue on Manchester Rd. to Wildwood Middle School.

## CAPE GIRARDEAU – July 25, 2006

Cape Girardeau Career and Technology Center  
1080 South Silver Springs Road

Take I-55 to exit 95. Take Highway 74 east to Mt. Auburn Road and turn right. Go to Silver Springs Road, turn right. Pass Cape Girardeau Central High School to Career and Technology Center. Parking is in front of the building.

## FARMINGTON – July 26, 2006

Farmington R-VII School District  
Farmington High School, 1 Black Knight Drive

From Highway 67 take Route W exit. Go east approximately 1/2 mile to Black Knight Drive and turn left. School will be on your left. Park in school parking lot.

## JOPLIN – August 1, 2006

Joplin R-VIII School District  
Joplin Senior High School, 2104 Indiana

From I-44 take the Rangeline exit. Go north to 20th St. Turn left (west) onto 20th. School is at corner of 20th and Indiana. Parking is available behind the building, northwest corner.

## SPRINGFIELD – August 2, 2006

Springfield R-XII School District  
Central High School, 423 E. Central

Take U.S. 65 South (to Branson) to the Chestnut Expressway exit. Continue west on Chestnut Expressway to Benton Avenue (this is approximately 4-5 miles). Turn right (north) on Benton Avenue and go two blocks to Central High School which is at the intersection of Benton Avenue and Central Street. Park behind and west of Central High School.

## KANSAS CITY – August 8, 2006

Maple Woods Community College  
Campus Center, 2601 NE Barry Road

From I-435 North take Highway 152 West to Indiana Avenue exit. Turn right onto Indiana Avenue. At Berry Road turn left and proceed to the Campus Main Entrance. This will take you to lot 3 and the Campus Center.

***Remember: Meeting rooms are air-conditioned; you may need a sweater.***

# Workshop Objectives

This conference will provide food service staff with skills to operate efficient, up-to-date child nutrition programs that meet current regulations and guidance.

## Who Should Attend?

The conference is designed for food service staff involved in child nutrition programs. District employees responsible for preparing monthly claims, free and reduced price Meal Benefit forms approval, and other office records may also benefit from attending.

## Continuing Education

Continuing Education Hours are available for the following professional groups. You may self-report using your certificate.

- American Dietetic Association
- American Association of Family and Consumer Sciences
- Missouri School Food Service Association
- School Nutrition Association (SNA)

### Conference sponsored by:

Missouri Department of Elementary and Secondary Education  
School Food Services Section

P.O. Box 480, Jefferson City, MO 65102-0480  
(573) 751-3526 • [www.dese.mo.gov/divadm/food](http://www.dese.mo.gov/divadm/food)



*The Department of Elementary and Secondary Education does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. Inquiries related to Department programs may be directed to the Jefferson State Office Building, Title IX Coordinator, 5th Floor, 205 Jefferson Street, Jefferson City, MO 65102-0480; telephone number 573-751-4581.*



Use for all sites except Kansas City (June 27)

## Registration Form

Please complete this form for each person attending. Duplicate form if necessary or print a blank form from our Web site at [www.dese.mo.gov/divadm/food](http://www.dese.mo.gov/divadm/food) (click on Workshops)

**Registration deadline is May 19, 2006**

We regret that late registration may have to be returned due to limited space.  
The cost for each location is \$15. Cost includes printed materials, refreshments and lunch.

***Registration confirmations will not be sent.***

Please select one location by marking a box below:

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Kirksville, June 22           | <input type="checkbox"/> Cape Girardeau, July 25 | <input type="checkbox"/> Springfield, August 2               |
| <input type="checkbox"/> Jefferson City, July 11       | <input type="checkbox"/> Farmington, July 26     | <input type="checkbox"/> Kansas City (Maple Woods), August 8 |
| <input type="checkbox"/> St. Louis (Wildwood), July 13 | <input type="checkbox"/> Joplin, August 1        |  |

**First Morning Sessions – May choose one**

- ☐ Records Class (Meal Benefit Forms)
- ☐ Grab a Bite of Wellness for Your Program!
- ☐ HealthierUS School Challenge
- ☐ What's Nutrition Education Got to Do with It?
- ☐ Fruits and Vegetables Galore
- ☐ Be Smart, Eat Smart
- ☐ Help with HACCP (Basics)

**Second Morning Sessions – May choose one**

- ☐ Records Class (Meal Counting and Claiming)
- ☐ Grab a Bite of Wellness for Your Program!
- ☐ HealthierUS School Challenge
- ☐ What's Nutrition Education Got to Do with It?
- ☐ Fruits and Vegetables Galore
- ☐ Be Smart, Eat Smart
- ☐ Help with HACCP (Records)

**Afternoon Sessions – May choose one**

- ☐ Records Class (Verification)
- ☐ Grab a Bite of Wellness for Your Program!
- ☐ HealthierUS School Challenge
- ☐ What's Nutrition Education Got to Do with It?
- ☐ Fruits and Vegetables Galore
- ☐ Be Smart, Eat Smart
- ☐ Help with HACCP (Standard Operating Procedures)

***Please print or type below.***

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Mailing Address \_\_\_\_\_

School District/Non-Public School Name \_\_\_\_\_ Agreement No. \_\_\_\_\_

Amount enclosed: \$ \_\_\_\_\_ ***Please make checks payable to Treasurer, State of Missouri. No Purchase Orders.***

**✉ Mail completed form and payment to:**

Missouri Department of Elementary and Secondary Education  
School Food Services Section  
P.O. Box 480, Jefferson City, MO 65102-0480  
(573) 751-3526 • [www.dese.mo.gov/divadm/food](http://www.dese.mo.gov/divadm/food)

# For Kansas City (June 27) Only

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**Workshop date for Kansas City: June 27, 2006**

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Amount enclosed: \$ \_\_\_\_\_ ***Please make checks payable to MSNA.***

### **Mail completed form and payment to:**

Beth Varner, MSNA Executive Secretary  
Missouri School Boards Association  
2100 I-70 Drive Southwest, Columbia, MO 65203  
E-mail: [varner@msbanet.org](mailto:varner@msbanet.org) • (573) 445-0929